

PS3030: Introduction to Counselling Psychology

[View Online](#)

American Psychological Association. 'Journal of Counseling Psychology'. n. pag. Print.

---. 'Psychoanalytic Psychology: The Official Journal of the Division of Psychoanalysis, American Psychological Association, Division 39'. n. pag. Print.

'BACP Ethical Framework'. N.p., n.d. Web. <http://www.bacp.co.uk/ethical_framework/>.

Bayne, Rowan et al. Counselling and Communication Skills for Medical and Health Practitioners. Leicester: British Psychological Society, 1998. Print.

British Association of Psychotherapists. 'British Journal of Psychotherapy'. n. pag. Print.

British Psychological Society. 'Psychology and Psychotherapy: Theory, Research and Practice'. (2002): n. pag. Print.

Careers Research and Advisory Centre (Cambridge, England). 'British Journal of Guidance & Counselling'. (1973): n. pag. Print.

Douglas, Barbara et al. The Handbook of Counselling Psychology. 4th edition. London: SAGE Publications Ltd, 2016. Web.
<<https://go.openathens.net/redirector/city.ac.uk?url=https%3A%2F%2Fsk.sagepub.com%2Fbooks%2Fthe-handbook-of-counselling-psychology-4e>>.

Dryden, Windy. Dryden's Handbook of Individual Therapy. 5th ed. London: Sage, 2007. Print.

Dryden, Windy and Feltham, Colin. Brief Counselling: A Practical Guide for Beginning Practitioners. Buckingham: Open University Press, 1992. Print.

---. Developing the Practice of Counselling. Developing counselling. London: Sage, 1994. Print.

Duncan, Barry L., American Psychological Association, and APA PsycBOOKS. The Heart & Soul of Change: Delivering What Works in Therapy. 2nd ed. Washington, DC: American Psychological Association, 2010. Web.
<<https://search.ebscohost.com/direct.asp?db=pzh&jid=200910638&scope=site&authtype=ip,shib&custid=s1089299>>.

Egan, Gerard. The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping. 10th ed. Belmont, Calif: Brooks/Cole Cengage Learning, 2014. Print.
'European Journal of Psychotherapy & Counselling'. Routledge, 2006. Web.

<https://hz7fp2gl5k.search.serialssolutions.com/ejp/?libHash=HZ7FP2GL5K&_ga=2.187003232.937137577.1623658132-137515329.1623658132#/search/?searchControl=title&searchType=alternate_title_begins&criteria=European%20journal%20of%20psychotherapy%20%26%20counselling&titleType=JOURNALS&filterBy=All&beginPage=0&language=en-US>.

Hough, Margaret. *Counselling Skills and Theory*. 4th ed. [London]: Hodder Education, 2014. Web. <<https://ebookcentral.proquest.com/lib/city/detail.action?docID=1685747>>.

Howe, David. *On Being a Client: Understanding the Process of Counselling and Psychotherapy*. Sage, 1993. Print.

Hubble, Mark A. et al. *The Heart & Soul of Change: What Works in Therapy*. Washington, DC: American Psychological Association, 1999. Web. <<http://0-psycnet.apa.org.wam.city.ac.uk/books/11132/>>.

McLeod, John. *An Introduction to Counselling*. Fifth edition. Maidenhead, Berkshire: Open University Press, McGraw Hill Education, 2013. Print.

---. *An Introduction to Counselling and Psychotherapy: Theory, Research, and Practice*. Sixth edition. London, England: McGraw Hill, 2019. Print.

McLeod, John. *The Counsellor's Workbook: Developing a Personal Approach*. 2nd ed. Maidenhead: McGraw-Hill Open University Press, 2010. Print.

McLeod, John and EBL. *The Counsellor's Workbook: Developing a Personal Approach*. 2nd ed. Maidenhead: McGraw-Hill/Open University Press, 2010. Web. <<https://ebookcentral.proquest.com/lib/city/detail.action?docID=487787>>.

Nelson-Jones, Richard. *Introduction to Counselling Skills: Text and Activities*. 3rd ed. Thousand Oaks, Calif: SAGE, 2009. Print.

Nelson-Jones, Richard. *Theory and Practice of Counselling and Therapy*. 5th ed. London: Sage, 2011. Print.

Nye, Robert D. *Three Psychologies: Perspectives from Freud, Skinner, and Rogers*. 6th ed. Belmont, Calif: Wadsworth Cengage Learning, 2000. Print.

'Psychodynamic Practice'. (2002): n. pag. Print.

Sanders, Pete. *First Steps in Counselling: A Students' Companion for Introductory Courses*. 4th ed. Ross-on-Wye: PCCS, 2011. Print.

Yalom, Irvin D. *The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients*. New York: Harper, 2002. Print.