

PS3030: Introduction to Counselling Psychology

[View Online](#)

1.

McLeod, J.: An introduction to counselling and psychotherapy: theory, research, and practice. McGraw Hill, London, England (2019).

2.

McLeod, J.: An introduction to counselling. Open University Press, McGraw Hill Education, Maidenhead, Berkshire (2013).

3.

McLeod, J., EBL.: The counsellor's workbook: developing a personal approach. McGraw-Hill/Open University Press, Maidenhead (2010).

4.

McLeod, John: The counsellor's workbook: developing a personal approach. McGraw-Hill Open University Press, Maidenhead (2010).

5.

Bayne, Rowan, Nicolson, Paula, Horton, Ian, British Psychological Society: Counselling and communication skills for medical and health practitioners. British Psychological Society, Leicester (1998).

6.

BACP Ethical Framework, http://www.bacp.co.uk/ethical_framework/.

7.

Dryden, W.: Dryden's handbook of individual therapy. Sage, London (2007).

8.

Dryden, Windy, Feltham, Colin: Developing the practice of counselling. Sage, London (1994).

9.

Dryden, Windy, Feltham, Colin: Brief counselling: a practical guide for beginning practitioners. Open University Press, Buckingham (1992).

10.

Egan, G.: The skilled helper: a problem-management and opportunity-development approach to helping. Brooks/Cole Cengage Learning, Belmont, Calif (2014).

11.

Hough, M.: Counselling skills and theory. Hodder Education, [London] (2014).

12.

Howe, David: On being a client: understanding the process of counselling and psychotherapy. Sage (1993).

13.

Hubble, Mark A., Duncan, Barry L., Miller, Scott D., APA PsycBooks: The heart & soul of change: what works in therapy. American Psychological Association, Washington, DC (1999).

14.

Duncan, B.L., American Psychological Association, APA PsycBOOKS.: The heart & soul of change: delivering what works in therapy. American Psychological Association, Washington, DC (2010).

15.

Nelson-Jones, Richard: Introduction to counselling skills: text and activities. SAGE, Thousand Oaks, Calif (2009).

16.

Nelson-Jones, R.: Theory and practice of counselling and therapy. Sage, London (2011).

17.

Nye, Robert D.: Three psychologies: perspectives from Freud, Skinner, and Rogers. Wadsworth Cengage Learning, Belmont, Calif (2000).

18.

Sanders, P.: First steps in counselling: a students' companion for introductory courses. PCCS, Ross-on-Wye (2011).

19.

Douglas, B., Woolfe, R., Strawbridge, S., Kasket, E., Galbraith, V.: The handbook of counselling psychology. SAGE Publications Ltd, London (2016).

20.

Yalom, Irvin D.: The gift of therapy: an open letter to a new generation of therapists and their patients. Harper, New York (2002).

21.

Careers Research and Advisory Centre (Cambridge, England): British journal of guidance & counselling. (1973).

22.

British Association of Psychotherapists: British journal of psychotherapy.

23.

European journal of psychotherapy & counselling,
https://hz7fp2gl5k.search.serialssolutions.com/ejp/?libHash=HZ7FP2GL5K&_ga=2.187003232.937137577.1623658132-137515329.1623658132#/search/?searchControl=title&searchType=alternate_title_begins&criteria=European%20journal%20of%20psychotherapy%20%26%20counselling&titleType=JOURNALS&filterBy=All&beginPage=0&language=en-US.

24.

American Psychological Association: Journal of counseling psychology.

25.

Psychodynamic practice. (2002).

26.

American Psychological Association: Psychoanalytic psychology: the official journal of the Division of Psychoanalysis, American Psychological Association, Division 39.

27.

British Psychological Society: Psychology and psychotherapy: theory, research and practice. (2002).