

PSD611: Integrative and Pluralistic Approaches to Counselling Psychology

View Online



An Integrative Perspective on the Anxiety Disorders. (n.d.). A Casebook of Psychotherapy Integration.

<http://0-search.ebscohost.com.wam.city.ac.uk/login.aspx?direct=true&db=pzh&AN=2006-03275-006&site=ehost-live>

Andrew R. Arthur. (n.d.-a). Personality, epistemology and psychotherapists' choice of theoretical model: a review and analysis. *European Journal of Psychotherapy & Counselling*, 4(1), 45-64. <https://doi.org/10.1080/13642530110040082>

Andrew R. Arthur. (n.d.-b). Personality, epistemology and psychotherapists' choice of theoretical model: a review and analysis. *European Journal of Psychotherapy & Counselling*, 4(1), 45-64. <https://doi.org/10.1080/13642530110040082>

APA: Recognition of Psychotherapy Effectiveness. (n.d.).
<https://www.apa.org/about/policy/resolution-psychotherapy.aspx>

Asay, T. P., & Lambert, M. J. (1999). The empirical case for the common factors in therapy: Quantitative findings. In M. A. Hubble, B. L. Duncan, & S. D. Miller (Eds.), *The heart and soul of change: What works in therapy*. (pp. 23-55). American Psychological Association. <https://doi.org/10.1037/11132-001>

Brooks-Harris, J. E. (2008a). *Integrative multitheoretical psychotherapy*. Lahaska Press/Houghton Mifflin Co.

Brooks-Harris, J. E. (2008b). *Integrative multitheoretical psychotherapy*. Lahaska Press/Houghton Mifflin Co.

Cepeda, Lisa M.. Counseling Psychology Program, Department of Educational Psychology, Texas A&M University, College Station, TX, US, lcepeda@neo.tamu.edu Davenport, Donna S.. Counseling Psychology Program, Department of Educational Psychology, Texas A&M University, College Station, TX, US. (2006). Person-centered therapy and solution-focused brief therapy: An integration of present and future awareness. *Psychotherapy*, 43(1), 1-12. <http://0-search.ebscohost.com.wam.city.ac.uk/login.aspx?direct=true&db=pdh&AN=2006-05485-001&site=ehost-live>

Chambless, D. L. (2006). Beware the Dodo Bird: The Dangers of Overgeneralization. *Clinical Psychology: Science and Practice*, 9(1), 13-16. <https://doi.org/10.1093/clipsy.9.1.13>

Cooper, M. & British Association for Counselling and Psychotherapy. (2008). *Essential*

research findings in counselling and psychotherapy: the facts are friendly. SAGE.
<https://search.ebscohost.com/login.aspx?direct=true&scope=site&db=nlebk&AN=1099447&authtype=shib&custid=s1089299>

Cooper, M., & McLeod, J. (2007a). A pluralistic framework for counselling and psychotherapy: Implications for research. *Counselling and Psychotherapy Research*, 7(3), 135-143. <https://doi.org/10.1080/14733140701566282>

Cooper, M., & McLeod, J. (2007b). A pluralistic framework for counselling and psychotherapy: Implications for research. *Counselling and Psychotherapy Research*, 7(3), 135-143. <https://doi.org/10.1080/14733140701566282>

Cooper, M., & McLeod, J. (2011a). *Pluralistic counselling and psychotherapy*. SAGE.
<https://ebookcentral.proquest.com/lib/city/detail.action?docID=743584>

Cooper, M., & McLeod, J. (2011b). *Pluralistic counselling and psychotherapy*. SAGE.

Cooper, M., McLeod, J., & Ebook Central. (2011a). *Pluralistic counselling and psychotherapy*. SAGE. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=743584>

Cooper, M., McLeod, J., & Ebook Central. (2011b). *Pluralistic counselling and psychotherapy*. SAGE. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=743584>

Cooper, M., McLeod, J., & Ebook Central. (2011c). *Pluralistic counselling and psychotherapy*. SAGE. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=743584>

Cooper, M., McLeod, J., & Ebook Central. (2011d). *Pluralistic counselling and psychotherapy*. SAGE. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=743584>

Ebook Central. (2005a). *Handbook of psychotherapy integration* (J. C. Norcross & M. R. Goldfried, Eds.; Second edition). Oxford University Press.
<http://ebookcentral.proquest.com/lib/city/detail.action?docID=279761>

Ebook Central. (2005b). *Handbook of psychotherapy integration* (J. C. Norcross & M. R. Goldfried, Eds.; Second edition). Oxford University Press.
<http://ebookcentral.proquest.com/lib/city/detail.action?docID=279761>

Ebook Central. (2005c). *Handbook of psychotherapy integration* (J. C. Norcross & M. R. Goldfried, Eds.; Second edition). Oxford University Press.
<http://ebookcentral.proquest.com/lib/city/detail.action?docID=279761>

Ebook Central. (2005d). *Handbook of psychotherapy integration* (J. C. Norcross & M. R. Goldfried, Eds.; Second edition). Oxford University Press.
<http://ebookcentral.proquest.com/lib/city/detail.action?docID=279761>

Egan, G., & Egan, G. (2018). *The skilled helper: a client-centred approach* (Second edition). Cengage.

Elkin, I. (1989). National Institute of Mental Health Treatment of Depression Collaborative Research Program. *Archives of General Psychiatry*, 46(11).
<https://doi.org/10.1001/archpsyc.1989.01810110013002>

- Elkin, I., Yamaguchi, J., Arnkoff, D., Glass, C., Sotsky, S., & Krupnick, J. (1999). "Patient-Treatment Fit" and Early Engagement in Therapy. *Psychotherapy Research*, 9(4), 437-451. <https://doi.org/10.1080/10503309912331332851>
- Evans, K., & Gilbert, M. (2005a). *An introduction to integrative psychotherapy*. Palgrave Macmillan.
<http://www.vlebooks.com/vleweb/product/openreader?id=CityUniLon&isbn=9781137092335>
- Evans, K., & Gilbert, M. (2005b). *An introduction to integrative psychotherapy*. Palgrave Macmillan.
<http://www.vlebooks.com/vleweb/product/openreader?id=CityUniLon&isbn=9781137092335>
- Evans, K., & Gilbert, M. (2005c). *An introduction to integrative psychotherapy*. Palgrave Macmillan.
<http://www.vlebooks.com/vleweb/product/openreader?id=CityUniLon&isbn=9781137092335>
- Faris, A., & Ooijen, E. van. (2012a). *Integrative counselling & psychotherapy: a relational approach*. SAGE.
<https://go.openathens.net/redirector/city.ac.uk?url=https%3A%2F%2Fsk.sagepub.com%2Fbooks%2Fintegrative-counselling-and-psychotherapy>
- Faris, A., & Ooijen, E. van. (2012b). *Integrative counselling & psychotherapy: a relational approach*. SAGE.
<https://go.openathens.net/redirector/city.ac.uk?url=https%3A%2F%2Fsk.sagepub.com%2Fbooks%2Fintegrative-counselling-and-psychotherapy>
- Faris, A., Ooijen, E. van, & SAGE Knowledge EBA. (2012). *Integrative counselling & psychotherapy: a relational approach*. SAGE.
<http://0-sk.sagepub.com.wam.city.ac.uk/books/integrative-counselling-and-psychotherapy>
- Gergen, K. J. (2000). The coming of creative confluence in therapeutic practice. *Psychotherapy: Theory, Research, Practice, Training*, 37(4), 364-369.
<https://doi.org/10.1037/0033-3204.37.4.364>
- Gilbert, M., Gilbert, M., & Orlans, V. (2011). *Integrative therapy: 100 key points and techniques*. Routledge.
<https://ebookcentral.proquest.com/lib/city/detail.action?docID=667828>
- Gold, J. (2005). Anxiety, conflict, and resistance in learning an integrative perspective on psychotherapy. *Journal of Psychotherapy Integration*, 15(4), 374-383.
<https://doi.org/10.1037/1053-0479.15.4.374>
- Good Practice Guidelines for Psychological Formulation - BPS. (n.d.-a).
<https://www1.bps.org.uk/system/files/Public%20files/DCP/cat-842.pdf>
- Good Practice Guidelines for Psychological Formulation - BPS. (n.d.-b).
<https://www1.bps.org.uk/system/files/Public%20files/DCP/cat-842.pdf>

Good Practice Guidelines for Psychological Formulation - DCP. (2011).
<http://www.sisdca.it/public/pdf/DCP-Guidelines-for-Formulation-2011.pdf>

Green, D., Latchford, G., & Wiley InterScience (Online service). (2012). Maximising the benefits of psychotherapy: a practice-based evidence approach. John Wiley & Sons Inc.
<https://go.openathens.net/redirector/city.ac.uk?url=https://onlinelibrary.wiley.com/doi/book/10.1002/9781119967590>

Grumet, Robin. Department of Educational and Counselling Psychology, McGill University, Montreal, PQ, Canada, robin.grumet@mail.mcgill.ca Fitzpatrick, Marilyn. Department of Educational and Counselling Psychology, McGill University, Montreal, PQ, Canada. (2016). A case for integrating values clarification work into cognitive behavioral therapy for social anxiety disorder. *Journal of Psychotherapy Integration*, 26(1), 11-21.
<https://search.ebscohost.com/login.aspx?direct=true&authtype=ip,shib&custid=s1089299&db=pdh&AN=2016-10268-003>

Guy, A., Loewenthal, D., Thomas, R., & Stephenson, S. (2012). Scrutinising NICE: The impact of the National Institute for Health and Clinical Excellence Guidelines on the provision of counselling and psychotherapy in primary care in the UK. *Psychodynamic Practice*, 18(1), 25-50. <https://doi.org/10.1080/14753634.2012.640153>

Hansen, J. T. (2006). Counseling Theories Within a Postmodernist Epistemology: New Roles for Theories in Counseling Practice. *Journal of Counseling & Development*, 84(3), 291-297. <https://doi.org/10.1002/j.1556-6678.2006.tb00408.x>

Hansen, N. B., Lambert, M. J., & Forman, E. M. (2006a). The Psychotherapy Dose-Response Effect and Its Implications for Treatment Delivery Services. *Clinical Psychology: Science and Practice*, 9(3), 329-343. <https://doi.org/10.1093/clipsy.9.3.329>

Hansen, N. B., Lambert, M. J., & Forman, E. M. (2006b). The Psychotherapy Dose-Response Effect and Its Implications for Treatment Delivery Services. *Clinical Psychology: Science and Practice*, 9(3), 329-343. <https://doi.org/10.1093/clipsy.9.3.329>

HCPC Standards of proficiency - Practitioner psychologists |. (n.d.).
<https://www.hcpc-uk.org/resources/standards/standards-of-proficiency-practitioner-psychologists/>

Hill, C. E. (2014). *Helping skills: facilitating exploration, insight, and action* (Fourth edition). American Psychological Association.

Hope, D. A., Heimberg, R. G., & Bruch, M. A. (1995). Dismantling Cognitive-Behavioral Group Therapy for social phobia. *Behaviour Research and Therapy*, 33(6), 637-650. [https://doi.org/10.1016/0005-7967\(95\)00013-N](https://doi.org/10.1016/0005-7967(95)00013-N)

Horton, I. (2010). Principles and Practice of a Personal Integration. In *Integrative and eclectic counselling and psychotherapy* (pp. 315-328). SAGE.
<https://doi.org/10.4135/9781446280409.n18>

House, Richard1. (2011). Pluralistic, post-professional, postmodern? A debate whose time has come. *Therapy Today*, 22(Issue 1), 38-40.
<https://search.ebscohost.com/login.aspx?direct=true&authtype=ip,shib&custid=s1089299>

&db=asn&AN=59224725

Integrative Psychotherapy: Constructing your own integrative approach (Ch 19 'Theories of Counselling and Psychotherapy' Jones-Smith. (n.d.).
<http://www.sisdca.it/public/pdf/Integrative-Psychotherapy.pdf>

International Integrative Psychotherapy Association (IIPA). (n.d.).
<https://integrativeassociation.com/>

International Journal of Integrative Psychotherapy. (n.d.).
<http://www.integrative-journal.com/index.php/ijip>

John C. Norcross, and Marvin R. Goldfried. (2005). Handbook of Psychotherapy Integration (Cognitive-Behavioural Assimilative Integration - Chapter 11). Oxford University Press.
<https://ebookcentral.proquest.com/lib/city/reader.action?docID=279761&ppg=262>

Johnstone, L., Dallos, R., & Taylor & Francis. (2014a). Formulation in psychology and psychotherapy: making sense of people's problems (2nd ed). Routledge.
<https://www.taylorfrancis.com/start-session?idp=https://eresources.city.ac.uk/oala/metadata&redirectUri=https://www.taylorfrancis.com/books/9780203380574>

Johnstone, L., Dallos, R., & Taylor & Francis. (2014b). Formulation in psychology and psychotherapy: making sense of people's problems (2nd ed). Routledge.
<https://www.taylorfrancis.com/start-session?idp=https://eresources.city.ac.uk/oala/metadata&redirectUri=https://www.taylorfrancis.com/books/9780203380574>

Jones-Smith, E. (2016). Theories of counseling and psychotherapy: an integrative approach (Second edition). SAGE.

Journal - The United Kingdom Association for Psychotherapy Integration. (n.d.).
<http://www.ukapi.com/journal/>

Journal of Psychotherapy Integration. (n.d.).
<http://0-web.a.ebscohost.com.wam.city.ac.uk/ehost/command/detail?vid=0&sid=f1aa5186-724a-4111-8dfb-8f56848c570e%40sessionmgr4010&bdata=JnNpdGU9ZWWhvc3QtbGl2ZQ%3d%3d#jid=INT&db=pdh>

Lambert, M. J., Bergin, A. E., Garfield, S. L., & Ebook Central. (2013). Bergin and Garfield's handbook of psychotherapy and behavior change (6th ed). Wiley.
<http://city.ebib.com/patron/FullRecord.aspx?p=1162080>

Lampropoulos, Georgios K.. Ball State U, Dept of Counseling Psychology & Guidance Services, Muncie, IN, US. (2001a). Bridging technical eclecticism and theoretical integration: Assimilative integration. Journal of Psychotherapy Integration, 11(1), 5-19.
<https://search.ebscohost.com/login.aspx?direct=true&authtype=ip,shib&custid=s1089299&db=pdh&AN=2001-17076-001>

Lampropoulos, Georgios K.. Ball State U, Dept of Counseling Psychology & Guidance Services, Muncie, IN, US. (2001b). Bridging technical eclecticism and theoretical integration: Assimilative integration. Journal of Psychotherapy Integration, 11(1), 5-19.
<https://search.ebscohost.com/login.aspx?direct=true&authtype=ip,shib&custid=s1089299>

&db=pdh&AN=2001-17076-001

Lappan, S., Shamoan, Z., & Blow, A. (2018). The importance of adoption of formal client feedback in therapy: a narrative review. *Journal of Family Therapy*, 40(4), 466–488. <https://doi.org/10.1111/1467-6427.12183>

Lapworth, P., Fish, S., Sills, C., & Ebook Central. (2001a). *Integration in counselling and psychotherapy: developing a personal approach*. SAGE Publications. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=355061>

Lapworth, P., Fish, S., Sills, C., & Ebook Central. (2001b). *Integration in counselling and psychotherapy: developing a personal approach*. SAGE Publications. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=355061>

Lapworth, P., Fish, S., Sills, C., & Ebook Central. (2001c). *Integration in counselling and psychotherapy: developing a personal approach*. SAGE Publications. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=355061>

Lapworth, P., & Sills, C. (2013a). *Integration in counselling and psychotherapy: developing a personal approach* (2nd ed). SAGE.

Lapworth, P., & Sills, C. (2013b). *Integration in counselling and psychotherapy: developing a personal approach* (2nd ed). SAGE.

Lapworth, P., & Sills, C. (2013c). *Integration in counselling and psychotherapy: developing a personal approach* (2nd ed). SAGE.

Lapworth, P., & Sills, C. (2013d). *Integration in counselling and psychotherapy: developing a personal approach* (2nd ed). SAGE.

Lapworth, P., & Sills, C. (2013e). *Integration in counselling and psychotherapy: developing a personal approach* (2nd ed). SAGE.

LAZARUS, A. A. (1967). Insight Versus Desensitization in Psychotherapy: An Experiment in Anxiety Reduction. *Psychosomatic Medicine*, 29(1), 96–97. <https://doi.org/10.1097/00006842-196701000-00017>

Lester Luborsky. (2002). The Dodo Bird Verdict Is Alive and Well--Mostly. *Clinical Psychology* (New York, N.Y.), 9(1).

Luborsky, L., Diguier, L., Seligman, D. A., Rosenthal, R., Krause, E. D., Johnson, S., Halperin, G., Bishop, M., Berman, J. S., & Schweizer, E. (2006). The Researcher's Own Therapy Allegiances: A "Wild Card" in Comparisons of Treatment Efficacy. *Clinical Psychology: Science and Practice*, 6(1), 95–106. <https://doi.org/10.1093/clipsy.6.1.95>

Milton, M. & Wiley InterScience (Online service). (2010). *Therapy and beyond: counselling psychology contributions to therapeutic and social issues*. Wiley-Blackwell. <https://go.openathens.net/redirector/city.ac.uk?url=https://onlinelibrary.wiley.com/doi/book/10.1002/9780470667279>

Milton, M., Wiley InterScience (Online service), & Wiley Online Library EBS. (2010). *Therapy*

and beyond: counselling psychology contributions to therapeutic and social issues. Wiley-Blackwell.

<http://0-onlinelibrary.wiley.com.wam.city.ac.uk/book/10.1002/9780470667279>

Mulder, R., Murray, G., & Rucklidge, J. (2017). Common versus specific factors in psychotherapy: opening the black box. *The Lancet Psychiatry*, 4(12), 953–962. [https://doi.org/10.1016/S2215-0366\(17\)30100-1](https://doi.org/10.1016/S2215-0366(17)30100-1)

Multimodal Therapy: A Seven-Point Integration. (2006). In *A casebook of psychotherapy integration* (1st ed). American Psychological Association. <http://0-search.ebscohost.com.wam.city.ac.uk/direct.asp?db=pzh&jid=200603275∓scope=site>

Murphy, D. (Ed.). (2017a). *Counselling psychology: a textbook for study and practice*. The British Psychological Society. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=4908181>

Murphy, D. (Ed.). (2017b). *Counselling psychology: a textbook for study and practice*. The British Psychological Society. <https://ebookcentral.proquest.com/lib/city/detail.action?docID=4908181>

Norcross, J. C., & Grencavage, L. M. (1989). Eclecticism and integration in counselling and psychotherapy: Major themes and obstacle. *British Journal of Guidance & Counselling*, 17(3), 227–247. <https://doi.org/10.1080/03069888908260036>

Norcross, J. C., Karpiak, C. P., & Lister, K. M. (2005). What's an integrationist? A study of self-identified integrative and (occasionally) eclectic psychologists. *Journal of Clinical Psychology*, 61(12), 1587–1594. <https://doi.org/10.1002/jclp.20203>

Ogles, B. M., Anderson, T., & Lunnen, K. M. (1999). The contribution of models and techniques to therapeutic efficacy: Contradictions between professional trends and clinical research. In *The heart & soul of change: what works in therapy* (pp. 201–225). American Psychological Association. <https://doi.org/10.1037/11132-006>

Orlinsky, D. E., Rønnestad, M. H., Ambühl, H., Society for Psychotherapy Research. Collaborative Research Network, & APA PsycBOOKS. (2005). *How psychotherapists develop: a study of therapeutic work and professional growth* (1st ed). American Psychological Association. <http://0-search.ebscohost.com.wam.city.ac.uk/direct.asp?db=pzh&jid=200504442∓scope=site>

Palmer, S., & Woolfe, R. (2000a). *Integrative and eclectic counselling and psychotherapy*. SAGE. <https://0-sk-sagepub-com.wam.city.ac.uk/books/integrative-and-eclectic-counselling-and-psychotherapy>

Palmer, S., & Woolfe, R. (2000b). *Integrative and eclectic counselling and psychotherapy*. SAGE. <https://0-sk-sagepub-com.wam.city.ac.uk/books/integrative-and-eclectic-counselling-and-psychotherapy>

- Palmer, S., & Woolfe, R. (2000c). Integrative and eclectic counselling and psychotherapy chapter 2 Hollanders. SAGE.
<http://0-sk.sagepub.com.wam.city.ac.uk/books/integrative-and-eclectic-counselling-and-psychotherapy>
- Palmer, S., & Woolfe, R. (2000d). Integrative and eclectic counselling and psychotherapy chapter 2 Hollanders. SAGE.
<http://0-sk.sagepub.com.wam.city.ac.uk/books/integrative-and-eclectic-counselling-and-psychotherapy>
- Palmer, S., & Woolfe, R. (2010). Integrative and eclectic counselling and psychotherapy. SAGE.
- Palmer, S., Woolfe, R., & SAGE Knowledge EBA. (2000). Integrative and eclectic counselling and psychotherapy. SAGE.
<http://0-sk.sagepub.com.wam.city.ac.uk/books/integrative-and-eclectic-counselling-and-psychotherapy>
- Perren, S., Godfrey, M., & Rowland, N. (2009). The long-term effects of counselling: The process and mechanisms that contribute to ongoing change from a user perspective. *Counselling and Psychotherapy Research*, 9(4), 241–249.
<https://doi.org/10.1080/14733140903150745>
- Personal therapeutic approach: Concept and implications. (2017). *Journal of Psychotherapy Integration*.
<https://search.ebscohost.com/login.aspx?direct=true&authtype=ip,shib&custid=s1089299&db=pdh&AN=2017-12458-001>
- Person-centered therapy: A pluralistic perspective. (2011). *Person-Centered & Experiential Psychotherapies*.
<https://search.ebscohost.com/login.aspx?direct=true&authtype=ip,shib&custid=s1089299&db=asn&AN=63594205>
- Prochaska, J. O., & Norcross, J. C. (2001). Stages of change. *Psychotherapy: Theory, Research, Practice, Training*, 38(4), 443–448. <https://doi.org/10.1037/0033-3204.38.4.443>
- Psychotherapy Research. (n.d.).
- Rihacek, T., & Roubal, J. (2017). Personal therapeutic approach: Concept and implications. *Journal of Psychotherapy Integration*, 27(4), 548–560. <https://doi.org/10.1037/int0000082>
- Rønnestad, M. H., & Skovholt, T. M. (2003). The Journey of the Counselor and Therapist: Research Findings and Perspectives on Professional Development. *Journal of Career Development*, 30(1), 5–44. <https://doi.org/10.1177/089484530303000102>
- Roth, A., Fonagy, P., Parry, G., Target, M., & Woods, R. (1996). What works for whom?: a critical review of psychotherapy research. Guilford.
- Ryle, A., & Kerr, I. B. (2020). *Introducing cognitive analytic therapy: principles and practice of a relational approach to mental health* (Second edition). Wiley.
<https://go.openathens.net/redirector/city.ac.uk?url=https://onlinelibrary.wiley.com/doi/boo>

k/10.1002/9781119375210

Safran Jeremy D., Messer Stanley B. (2006a). Psychotherapy Integration: A Postmodern Critique. *Clinical Psychology: Science and Practice*, 4(2), 140–152.
<https://doi.org/10.1111/j.1468-2850.1997.tb00106.x>

Safran Jeremy D., Messer Stanley B. (2006b). Psychotherapy Integration: A Postmodern Critique. *Clinical Psychology: Science and Practice*, 4(2), 140–152.
<https://doi.org/10.1111/j.1468-2850.1997.tb00106.x>

Safran Jeremy D., Messer Stanley B. (2006c). Psychotherapy Integration: A Postmodern Critique. *Clinical Psychology: Science and Practice*, 4(2), 140–152.
<https://doi.org/10.1111/j.1468-2850.1997.tb00106.x>

SCOTT O. LILIENFELD and HAL ARKOWITZ. (2012a). Are All Psychotherapies Created Equal? *Scientific American Mind*, 23(4). <https://www.jstor.org/stable/24942252>

SCOTT O. LILIENFELD and HAL ARKOWITZ. (2012b). Are All Psychotherapies Created Equal? *Scientific American Mind*, 23(4). <https://www.jstor.org/stable/24942252>

SEPI: The Integrative Therapist - Piecing together the things that work. (n.d.).
https://cdn.ymaws.com/www.sepiweb.org/resource/resmgr/Integrative_Therapist/Integrative_Therapist-v3-1.pdf

Siev, J., & Chambless, D. L. (2007). Specificity of treatment effects: Cognitive therapy and relaxation for generalized anxiety and panic disorders. *Journal of Consulting and Clinical Psychology*, 75(4), 513–522. <https://doi.org/10.1037/0022-006X.75.4.513>

Society for the Exploration of Psychotherapy Integration. (n.d.). <http://www.sepiweb.org/>

Sotskova, A., Carey, T., & Mak, B. (2016). Applying Goldfried's concept of assimilative psychotherapy integration: The process of synthesizing existential and cognitive behavioral therapy models. *Journal of Psychotherapy Integration*, 26(1), 36–48.
<https://doi.org/10.1037/a0040040>

Stricker, G., Gold, J. R., & PsycBOOKS. (2006a). A casebook of psychotherapy integration (1st ed). American Psychological Association.
<https://search.ebscohost.com/direct.asp?db=pzh&jid=200603275&scope=site&authtype=ip,shib&custid=s1089299>

Stricker, G., Gold, J. R., & PsycBOOKS. (2006b). A casebook of psychotherapy integration (1st ed). American Psychological Association.
<https://search.ebscohost.com/direct.asp?db=pzh&jid=200603275&scope=site&authtype=ip,shib&custid=s1089299>

Stricker, G., Gold, J. R., & PsycBOOKS. (2006c). A casebook of psychotherapy integration (1st ed). American Psychological Association.
<https://search.ebscohost.com/direct.asp?db=pzh&jid=200603275&scope=site&authtype=ip,shib&custid=s1089299>

Stricker, George (Ed); Gold, Jerry (Ed). (2006a). *Assimilative Psychodynamic Psychotherapy*

. <http://0-psycnet.apa.org.wam.city.ac.uk/PsycBOOKS/toc/11436>

Stricker, George (Ed); Gold, Jerry (Ed). (2006b). *Assimilative Psychodynamic Psychotherapy*.
. <http://0-psycnet.apa.org.wam.city.ac.uk/PsycBOOKS/toc/11436>

The empirical status of empirically supported psychothera... - Google Scholar. (n.d.).
https://scholar.google.co.uk/scholar?hl=en&as_sdt=0%2C5&q=The+empirical+status+of+empirically+supported+psychotherapies%3A&btnG=

The empirical status of empirically supported psychothera... - Western 2004. (n.d.).
https://scholar.google.co.uk/scholar?hl=en&as_sdt=0%2C5&q=The+empirical+status+of+empirically+supported+psychotherapies%3A&btnG=

Toska, G. A., Neimeyer, G. J., Taylor, J. M., Kavas, A. B., & Rice, K. G. (2010). Epistemology and allegiance: exploring the role of therapists' epistemic commitments on psychotherapy outcomes. *European Journal of Psychotherapy & Counselling*, 12(1), 65–75.
<https://doi.org/10.1080/13642531003637783>

Tschacher, W., Junghan, U. M., & Pfammatter, M. (2014). Towards a Taxonomy of Common Factors in Psychotherapy-Results of an Expert Survey. *Clinical Psychology & Psychotherapy*, 21(1), 82–96. <https://doi.org/10.1002/cpp.1822>

Wampold, B. E. (2015a). How important are the common factors in psychotherapy? An update. *World Psychiatry*, 14(3), 270–277. <https://doi.org/10.1002/wps.20238>

Wampold, B. E. (2015b). How important are the common factors in psychotherapy? An update. *World Psychiatry*, 14(3), 270–277. <https://doi.org/10.1002/wps.20238>

Wampold, B. E. (2015c). How important are the common factors in psychotherapy? An update. *World Psychiatry*, 14(3), 270–277. <https://doi.org/10.1002/wps.20238>

Ward, E., King, M., Lloyd, M., Bower, P., Sibbald, B., Farrelly, S., Gabbay, M., Tarrier, N., & Addington-Hall, J. (2000). Randomised controlled trial of non-directive counselling, cognitive-behaviour therapy, and usual general practitioner care for patients with depression. I: Clinical effectiveness. *BMJ*, 321(7273), 1383–1388.
<https://doi.org/10.1136/bmj.321.7273.1383>

Willig, C. (2019). Ontological and epistemological reflexivity: A core skill for therapists. *Counselling and Psychotherapy Research*. <https://doi.org/10.1002/capr.12204>

Zarbo, Cristina. (2016). Integrative Psychotherapy Works. *Frontiers in Psychology*, 6.
<https://doi.org/10.3389/fpsyg.2015.02021>