

PSM501: Employee Well-Being

[View Online](#)

[1]

T. A. Wright and D. G. Bonett, 'Job Satisfaction and Psychological Well-Being as Nonadditive Predictors of Workplace Turnover', *Journal of Management*, vol. 33, no. 2, pp. 141–160, Apr. 2007, doi: 10.1177/0149206306297582.

[2]

C. S. Carver and J. Connor-Smith, 'Personality and Coping', *Annual Review of Psychology*, vol. 61, no. 1, pp. 679–704, Jan. 2010, doi: 10.1146/annurev.psych.093008.100352.

[3]

S. Sonnentag and C. Fritz, 'Recovery from job stress: The stressor-detachment model as an integrative framework', *Journal of Organizational Behavior*, vol. 36, no. S1, pp. S72–S103, Feb. 2015, doi: 10.1002/job.1924.

[4]

K. M. Richardson and H. R. Rothstein, 'Effects of occupational stress management intervention programs: A meta-analysis.', *Journal of Occupational Health Psychology*, vol. 13, no. 1, pp. 69–93, 2008, doi: 10.1037/1076-8998.13.1.69.

[5]

F. M. Sirois and D. S. Molnar, Eds, *Perfectionism, health, and well-being*. Cham, Switzerland: Springer, 2016. [Online]. Available: <https://ebookcentral.proquest.com/lib/city/detail.action?docID=4178232>

[6]

T. Lomas, J. C. Medina, I. Ivztan, S. Rupprecht, R. Hart, and F. J. Eiroa-Orosa, 'The impact of mindfulness on well-being and performance in the workplace: an inclusive systematic review of the empirical literature', *European Journal of Work and Organizational Psychology*, vol. 26, no. 4, pp. 492–513, Jul. 2017, doi: 10.1080/1359432X.2017.1308924.

[7]

A. Newman, D. Ucbasaran, F. Zhu, and G. Hirst, 'Psychological capital: A review and synthesis', *Journal of Organizational Behavior*, vol. 35, no. S1, pp. S120–S138, Feb. 2014, doi: 10.1002/job.1916.