## PSM501: Employee Well-Being

View Online



1.

Wright, T. A. & Bonett, D. G. Job Satisfaction and Psychological Well-Being as Nonadditive Predictors of Workplace Turnover. Journal of Management **33**, 141–160 (2007).

## 2.

Carver, C. S. & Connor-Smith, J. Personality and Coping. Annual Review of Psychology **61**, 679–704 (2010).

## З.

Sonnentag, S. & Fritz, C. Recovery from job stress: The stressor-detachment model as an integrative framework. Journal of Organizational Behavior **36**, S72–S103 (2015).

4.

Richardson, K. M. & Rothstein, H. R. Effects of occupational stress management intervention programs: A meta-analysis. Journal of Occupational Health Psychology **13**, 69–93 (2008).

5.

Perfectionism, health, and well-being. (Springer, 2016).

6.

Lomas, T. et al. The impact of mindfulness on well-being and performance in the workplace: an inclusive systematic review of the empirical literature. European Journal of

Work and Organizational Psychology **26**, 492–513 (2017).

7.

Newman, A., Ucbasaran, D., Zhu, F. & Hirst, G. Psychological capital: A review and synthesis. Journal of Organizational Behavior **35**, S120–S138 (2014).