

PSM501: Employee Well-Being

[View Online](#)

1.

Wright TA, Bonett DG. Job Satisfaction and Psychological Well-Being as Nonadditive Predictors of Workplace Turnover. *Journal of Management*. 2007 Apr;33(2):141–60. doi:10.1177/0149206306297582

2.

Carver CS, Connor-Smith J. Personality and Coping. *Annual Review of Psychology*. 2010 Jan;61(1):679–704. doi:10.1146/annurev.psych.093008.100352

3.

Sonnentag S, Fritz C. Recovery from job stress: The stressor-detachment model as an integrative framework. *Journal of Organizational Behavior*. 2015 Feb;36(S1):S72–103. doi:10.1002/job.1924

4.

Richardson KM, Rothstein HR. Effects of occupational stress management intervention programs: A meta-analysis. *Journal of Occupational Health Psychology*. 2008;13(1):69–93. doi:10.1037/1076-8998.13.1.69

5.

Sirois FM, Molnar DS, editors. Perfectionism, health, and well-being [Internet]. Cham, Switzerland: Springer; 2016. Available from: <https://ebookcentral.proquest.com/lib/city/detail.action?docID=4178232>

6.

Lomas T, Medina JC, Ivztan I, Rupprecht S, Hart R, Eiroa-Orosa FJ. The impact of mindfulness on well-being and performance in the workplace: an inclusive systematic review of the empirical literature. *European Journal of Work and Organizational Psychology*. 2017 Jul 4;26(4):492–513. doi:10.1080/1359432X.2017.1308924

7.

Newman A, Ucbasaran D, Zhu F, Hirst G. Psychological capital: A review and synthesis. *Journal of Organizational Behavior*. 2014 Feb;35(S1):S120–38. doi:10.1002/job.1916