

PSM501: Employee Well-Being

View Online



1.

Wright, T.A., Bonett, D.G.: Job Satisfaction and Psychological Well-Being as Nonadditive Predictors of Workplace Turnover. *Journal of Management*. 33, 141–160 (2007).
<https://doi.org/10.1177/0149206306297582>.

2.

Carver, C.S., Connor-Smith, J.: Personality and Coping. *Annual Review of Psychology*. 61, 679–704 (2010). <https://doi.org/10.1146/annurev.psych.093008.100352>.

3.

Sonnentag, S., Fritz, C.: Recovery from job stress: The stressor-detachment model as an integrative framework. *Journal of Organizational Behavior*. 36, S72–S103 (2015).
<https://doi.org/10.1002/job.1924>.

4.

Richardson, K.M., Rothstein, H.R.: Effects of occupational stress management intervention programs: A meta-analysis. *Journal of Occupational Health Psychology*. 13, 69–93 (2008).
<https://doi.org/10.1037/1076-8998.13.1.69>.

5.

Sirois, F.M., Molnar, D.S. eds: *Perfectionism, health, and well-being*. Springer, Cham, Switzerland (2016).

6.

Lomas, T., Medina, J.C., Ivztan, I., Rupprecht, S., Hart, R., Eiroa-Orosa, F.J.: The impact of mindfulness on well-being and performance in the workplace: an inclusive systematic review of the empirical literature. *European Journal of Work and Organizational Psychology*. 26, 492–513 (2017). <https://doi.org/10.1080/1359432X.2017.1308924>.

7.

Newman, A., Ucbasaran, D., Zhu, F., Hirst, G.: Psychological capital: A review and synthesis. *Journal of Organizational Behavior*. 35, S120–S138 (2014). <https://doi.org/10.1002/job.1916>.